

# SAMPLE

## MEALS & SNACK MENU



	Hot Dog or Burger Day!	Taco Tuesdays	Choose Anything Day	Chicken Nugget Day	Sandwich Day
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milks, Bagels, Strawberrys	Milk, Cereal, Raisins	Milk, French Toast, O.J	Milk, Yogurt, Banana	Milk, Pancakes, Blueberries
AM Snack	Graham Crackers, Apples	Oatmeal Bars/Granola, Milk	Fruit Bars, Milk	Mini Muffins, Milk	Gogurt, Mixed Cereal, Water
Lunch/Dinner	Milk, Cheeseburgers, Chips	Milk, Taco Tuesday! Corn	Milk, Beefy Rice, Corn	Milk, Chicken Nuggets, Fries	Milk, Tuna Sandwich
PM Snack	Apple Sauce	Peaches	Mixed Fruit	Pineapple Chunks	Cucumbers, Ranch, Watermelon
	Chex Mix, 100% Orange Juice	Chocolate Chip Cookies, Milk	Gold Fish, Apple Juice	Corn Chips, Cheese Dip	Cutie Oranges, Ritz Crackers
Breakfast	Milks, Bagels, Strawberrys	Milk, Cereal, Raisins	Milk, French Toast, O.J	Milk, Yogurt, Banana	Milk, Pancakes, Blueberries
AM Snack	Graham Crackers, Apples	Oatmeal Bars/Granola, Milk	Fruit Bars, Milk	Mini Muffins, Milk	Gogurt, Mixed Cereal, Water
Lunch/Dinner	Milk, Hot Dogs, Chips	Milk, Taco Tuesday! Corn	Milk, Meatballs, Mash Potatoo	Milk, Chicken Nuggets, Fries	Milk, Turkey & Cheese
PM Snack	Apple Sauce	Peaches	Mixed Fruit	Apple Sauce	Carrots, Ranch, Orange Slices
	Chex Mix, 100% Orange Juice	Chocolate Chip Cookies, Milk	Gold Fish, Apple Juice	Fritos, Cheese Dip	Mixed Melons & Pretzel Sticks
Breakfast	Milks, English Muffins, O.J.	Milk, Cereal, Raisins	Milk, French Toast, O.J	Milk, Yogurt, Banana	Milk, Pancakes, Blueberries
AM Snack	Graham Crackers, Apples	Oatmeal Bars/Granola, Milk	Fruit Bars, Milk	Mini Muffins, Milk	Gogurt, Mixed Cereal, Water
Lunch/Dinner	Milk, Cheeseburgers, Chips	Milk, Taco Tuesday! Corn	Milk, Mac n Cheese	Milk, Chicken Nuggets, Fries	Milk, Chicken Salad Sandwiches
PM Snack	Apple Sauce	Peaches	Green Beans, Mixed Fruit	Pineapple Chunks	Cucumbers, Ranch, Watermelon
	Ritz Crackers, Fruit Snacks	Gold Fish, Juice	Fruit Snacks, Pretzel Sticks	Veggie Chips, Apple Juice	Oatmeal Cookies, Milk
Breakfast	Milks, Bagels, Strawberrys	Milk, Cereal, Raisins	Milk, French Toast, O.J.	Milk, Yogurt, Banana	Milk, Pancakes, Blueberries
AM Snack	Graham Crackers, Apples	Oatmeal Bars/Granola, Milk	Fruit Bars, Milk	Mini Muffins, Milk	Gogurt, Mixed Cereal, Water
Lunch/Dinner	Milk, Hot Dogs, Chips	Milk, Taco Tuesday! Corn	Milk, Spaghetti	Milk, Chicken Nuggets, Fries	Milk, Grilled Cheese,
PM Snack	Apple Sauce	Peaches	Salad, Apple Sauce	Apple Sauce	Carrots, Ranch, Pears
	Chex Mix, 100% Orange Juice	Iced Animal Cookies, Juice	Gold Fish, Juice	Party Mix, Apple Juice	Mandarine Orange Cup, Pretzel Sticks
Breakfast	Milks, Bagels, Strawberrys	Oatmeal	Milk, French Toast, O.J.	Milk, Yogurt, Banana	Milk, Pancakes, Blueberries
AM Snack	Graham Crackers, Apples	Stir fried	Fruit Bars, Milk	Mini Muffins, Milk	Gogurt, Mixed Cereal, Water
Lunch/Dinner	Milk, Cheeseburgers, Chips	Milk, Taco Tuesday! Corn	Milk, Spaghetti	Milk, Chicken Nuggets, Fries	Milk, Grilled Cheese,
PM Snack	Apple Sauce	Peaches	Salad, Apple Sauce	Apple Sauce	Carrots, Ranch, Pears
	Chex Mix, 100% Orange Juice	Iced Animal Cookies, Juice	Gold Fish, Juice	Party Mix, Apple Juice	Oatmeal Cookies, Milk

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## MEALS & SNACK MENU



### Hot Dog or Burger Day!

### Taco Tuesdays

### Choose Anything Day

### Chicken Nugget Day

### Sandwich Day

#### Monday

#### Tuesday

#### Wednesday

#### Thursday

#### Friday

Breakfast  
AM Snack  
Lunch/Dinner  
PM Snack

- Milks, Bagels, Strawberrys
- Graham Crackers, Apples
- Milk, Cheeseburgers, Chips
- Apple Sauce
- Chex Mix, 100% Orange Juice

Breakfast  
AM Snack  
Lunch/Dinner  
PM Snack

- Milks, Bagels, Strawberrys
- Graham Crackers, Apples
- Milk, Hot Dogs, Chips
- Apple Sauce
- Chex Mix, 100% Orange Juice

Breakfast  
AM Snack  
Lunch/Dinner  
PM Snack

- Milks, English Muffins, O.J.
- Graham Crackers, Apples
- Milk, Cheeseburgers, Chips
- Apple Sauce
- Ritz Crackers, Fruit Snacks

Breakfast  
AM Snack  
Lunch/Dinner  
PM Snack

- Milks, Bagels, Strawberrys
- Graham Crackers, Apples
- Milk, Hot Dogs, Chips
- Apple Sauce
- Chex Mix, 100% Orange Juice

Breakfast  
AM Snack  
Lunch/Dinner  
PM Snack

- Milks, Bagels, Strawberrys
- Graham Crackers, Apples
- Milk, Cheeseburgers, Chips
- Apple Sauce
- Chex Mix, 100% Orange Juice

- Milk, Cereal, Raisins
- Oatmeal Bars/Granola, Milk
- Milk, Taco Tuesday! Corn
- Peaches
- Chocolate Chip Cookies, Milk

- Milk, Cereal, Raisins
- Oatmeal Bars/Granola, Milk
- Milk, Taco Tuesday! Corn
- Peaches
- Chocolate Chip Cookies, Milk

- Milk, Cereal, Raisins
- Oatmeal Bars/Granola, Milk
- Milk, Taco Tuesday! Corn
- Peaches
- Gold Fish, Juice

- Milk, Cereal, Raisins
- Oatmeal Bars/Granola, Milk
- Milk, Taco Tuesday! Corn
- Peaches
- Iced Animal Cookies, Juice

- Oatmeal
- Stir fried
- Milk, Taco Tuesday! Corn
- Peaches
- Iced Animal Cookies, Juice

- Milk, French Toast, O.J
- Fruit Bars, Milk
- Milk, Beefy Rice, Corn
- Mixed Fruit
- Gold Fish, Apple Juice

- Milk, French Toast, O.J
- Fruit Bars, Milk
- Milk, Meatballs, Mash Potatoe
- Mixed Fruit
- Gold Fish, Apple Juice

- Milk, French Toast, O.J
- Fruit Bars, Milk
- Milk, Mac n Cheese
- Green Beans, Mixed Fruit
- Fruit Snacks, Pretzel Sticks

- Milk, French Toast, O.J.
- Fruit Bars, Milk
- Milk, Spaghetti
- Salad, Apple Sauce
- Gold Fish, Juice

- Milk, French Toast, O.J.
- Fruit Bars, Milk
- Milk, Spaghetti
- Salad, Apple Sauce
- Gold Fish, Juice

- Milk, Yogurt, Banana
- Mini Muffins, Milk
- Milk, Chicken Nuggets, Fries
- Pineapple Chunks
- Corn Chips, Cheese Dip

- Milk, Yogurt, Banana
- Mini Muffins, Milk
- Milk, Chicken Nuggets, Fries
- Apple Sauce
- Fritos, Cheese Dip

- Milk, Yogurt, Banana
- Mini Muffins, Milk
- Milk, Chicken Nuggets, Fries
- Pineapple Chunks
- Veggie Chips, Apple Juice

- Milk, Yogurt, Banana
- Mini Muffins, Milk
- Milk, Chicken Nuggets, Fries
- Apple Sauce
- Party Mix, Apple Juice

- Milk, Yogurt, Banana
- Mini Muffins, Milk
- Milk, Chicken Nuggets, Fries
- Apple Sauce
- Party Mix, Apple Juice

- Milk, Pancakes, Blueberries
- Gogurt, Mixed Cereal, Water
- Milk, Tuna Sandwich
- Cucumbers, Ranch, Watermelon
- Cutie Oranges, Ritz Crackers

- Milk, Pancakes, Blueberries
- Gogurt, Mixed Cereal, Water
- Milk, Turkey & Cheese
- Carrots, Ranch, Orange Slices
- Mixed Melons & Pretzel Sticks

- Milk, Pancakes, Blueberries
- Gogurt, Mixed Cereal, Water
- Milk, Chicken Salad Sandwiches
- Cucumbers, Ranch, Watermelon
- Oatmeal Cookies, Milk

- Milk, Pancakes, Blueberries
- Gogurt, Mixed Cereal, Water
- Milk, Grilled Cheese,
- Carrots, Ranch, Pears
- Mandarine Orange Cup, Pretzel Sticks

- Milk, Pancakes, Blueberries
- Gogurt, Mixed Cereal, Water
- Milk, Grilled Cheese,
- Carrots, Ranch, Pears
- Oatmeal Cookies, Milk